



# Spring!

## Driving

### Top Tips for Spring Driving

#### Stay aware of other road users

When overtaking cyclists and horse riders make sure to give them space and at least as much room as you would when overtaking a car.

#### Be mindful of taking hay fever medication

The NHS suggests there are 10 million hay fever sufferers in the UK and taking hay fever medications can be essential for many drivers however a survey ran by Brake in 2014 found that 3 in 10 drivers were unaware that some hay fever medications can impair driving. Always check the label!

#### Watch out for potholes

The change in weather conditions can result in an abundance of potholes in the spring. If you must go over a pothole, slow down and do not brake whilst travelling over a pothole as braking will cause your tyre to slam into the edge of the pothole.

#### Wet road conditions

Wet roads can be just as slippery as icy roads, so be sure to increase your stopping distance. Also watch out for areas of spilt fuel as when mixed with a wet surface it creates a really slippery surface.

#### Glaring low sun

In the spring, the sun can still be quite low when you may be driving. The glare from the sun can substantially obscure visibility so try having a pair of sunglasses handy to help protect your eyes and ensure you can see the road ahead.

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